



State of Hawaii
Department of Human Services

ADULT AND COMMUNITY CARE
SERVICES BRANCH

Home and Community-Based Services

QUESTIONS AND ANSWERS

What is Long Term Care (LTC)?

Long Term Care is a range of support services coordinated to meet the needs of people of all ages with disabilities or serious or chronic illnesses.

Long term care services can be provided in a person's own home, community residences such as selected foster or care homes, or in facilities such as nursing homes.

If I do not want to go to a nursing home, do I have another choice?

Yes, if the level of care you need meets the requirements of one of the programs described in this brochure, you may be able to have your care provided in a way other than in a nursing home.

The Department of Human Services (DHS) has several of what are called "home and community-based" programs. These programs provide support services to enable an eligible person to remain at home or to live in a community-based setting, such as a small-group home, instead of a nursing home.

What are the requirements to be eligible for the home and community-based programs?

You must meet certain income and service needs requirements. These requirements are summarized in the program descriptions in this brochure.

Who determines whether I am eligible for a home and community based program?

Eligibility is determined by the Department of Human Services for most of the programs described in this brochure.

How do I apply for a home and community-based program?

The telephone numbers to call to apply for services, or for more information are listed at the end of this brochure.

If I participate in a home and community based program, can I later choose to go to a nursing home?

Yes, you can choose to go to a nursing home at anytime.

Will I have to pay anything, such as co-payments or premium shares, if I participate in a home and community based program?

All of the services are provided free of charge to those who are eligible for Medicaid. People who have income that is more than the Medicaid limit may also qualify but they must be willing to spend part of their income to pay for medical and long term care services.

ADULT AND COMMUNITY CARE
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PROGRAMS AND SERVICES

Adult Protective Services (APS)

This program provides crisis intervention, without regard to income, including investigation and emergency services to dependent adults who are reported to be abused, neglected or financially exploited by others or seriously endangered due to self-neglect. A dependent adult is an adult who, because of mental or physical impairment, is dependent upon another person, a care organization, or care facility for personal health, safety, or welfare.

State law requires certain professionals to report dependent adult abuse; all others are encouraged to report. The reporter may remain anonymous and is immune from liability for making the report. To make a report, call: (Area Code 808)

Oahu: 832-5115

Kauai: 241-3432

Maui: 243-5151 (After hours, call 243-5150)

Hilo, Hamakua, and Puna: 933-8820

Kau, Kona, Kohala, and Kamuela: 327-6280

Adult Day Care Program

This program assists a limited number of eligible adults with sheltered settings and specified activities, through centers that have Purchase of Service contracts with the Department of Human Services.

To receive services, an individual must be eligible for Supplemental Security Income (SSI), Medicaid, or financial assistance from the Department and must meet other program related requirements. Services may also be provided without regard to income in adult protective service situations.

Chore and Homemaker Programs

These two programs provide essential housekeeping services to enable eligible adults to remain in the community. Chore services are available statewide. Homemaker services are available in East Hawaii only. Some services include:

- ? Housecleaning
- ? Laundering
- ? Shopping
- ? Meal preparation

To receive services, an individual must be eligible for Supplemental Security Income (SSI), Medicaid, or financial assistance from the Department and must meet other program

requirements. Services may also be provided without regard to income in adult protective service situations.

Adult Foster Care Program

This program provides placement and limited short-term case management services to eligible adults residing in licensed adult residential care homes.

To receive services, an individual must be eligible for Supplemental Security Income (SSI), Medicaid, or financial assistance from the Department and also meet other program related requirements.

Nursing Home Without Walls (NHWW) Program

This program provides support services for eligible individuals of all ages with serious or chronic illnesses or disabilities who want to remain in their own homes. Program services are not provided 24 hours a day, except during times of respite when needed and as part of the service plan. Some services include:

- ? Case management
- ? Personal assistance
- ? Private duty nursing
- ? Home delivered meals
- ? Respite
- ? Personal emergency response system (PERS)
- ? Environmental accessibility adaptations
- ? Non-medical transportation
- ? Adult day health
- ? Counseling and training for nutrition, coping and support and crisis management

To receive services, an individual must be eligible for Medicaid, require nursing facility level of care, and also meet other program related requirements. An individual does not need to have a family or primary caregiver. However, in some situations, a primary caregiver would be necessary to assure the health and welfare of the individual at home on a 24-hour basis (Example: a person with Alzheimer's who could not be left alone).

Medically Fragile Community Care (MFCC) Program

This program is designed for children who are born with or develop complex medical problems, and whose families need support to keep them in the home or in a licensed child foster home. Some services include:

- ? Case management
- ? Family Training
- ? Specialized day care
- ? Respite care
- ? Attendant care
- ? Environmental accessibility adaptations (EAA)
- ? Specialized medical equipment and supplies
- ? Home maintenance

- ? Moving assistance
- ? Non-medical transportation

To receive services, a child must be eligible for Medicaid, be under 21 years old, require subacute or skilled nursing facility level of care, and also meet other program related requirements

HIV Community Care Program (HCCP)

This program provides support services similar to those in Nursing Home Without Walls for individuals of all ages who are diagnosed with HIV infection.

To receive services, an individual must be eligible for Medicaid, require nursing facility level of care, and also meet other program related requirements. An individual does not need to have a family or primary caregiver. However, in some situations, a primary caregiver would be necessary to assure the health and welfare of the individual at home on a 24-hour basis.

Developmental Disabilities/Mental Retardation (DD/MR) Program

This program provides individuals with developmental disabilities/mental retardation support and services that will enable them to live as independently as possible in the least restrictive environment. Some services include:

- ? Adult day health
- ? Personal assistance
- ? Respite
- ? Habilitation
- ? Habilitation-supported employment
- ? Skilled nursing
- ? Specialized services
- ? Personal emergency response system (PERS)
- ? Non-medical transportation
- ? Specialized medical equipment and supplies.
- ? Environmental accessibility adaptations (EAA)

To receive services, an individual must be eligible for Medicaid, require care in an Intermediate Care Facility for the Mentally Retarded (ICF/MR), and also meet other program related requirements. Admission to the program requires a referral from a Department of Health- Developmental Disabilities Division (DOH-DDD) case manager.

All individuals interested in these services but not known to DOH-DDD should contact the DOH-DDD intake office on their island as follows: (Area Code 808)

Oahu: 733-9303
 Lanai, Molokai, Maui: 984-8250
 Kauai: 241-3406
 East Hawaii: 974-4280
 West Hawaii: 322-4880
 North Hawaii: 887-8114

Residential Alternative Community Care (RACC) Program

This program serves eligible adults who are in need of a residence as well as assistance with their care needs. Individuals may be served in an Assisted Living Facility or in a RACC family home that provides personnel care, homemaking services, transportation as needed, and other services. Individuals may also receive private duty nursing services, respite care and/or adult day health services as needed.

To receive services, a person must be eligible for Medicaid, require nursing facility level of care, and also meet other program related requirements.

Program of All Inclusive Care for the Elderly (PACE)

PACE is a managed care type of program that serves people 55 years of age or older, living in urban Honolulu. Individuals must voluntarily select PACE, which includes primary medical care provided by the PACE physician.

Generally, clients attend the PACE Adult Day Health program where a variety of services are provided. Some services include:

- ? Speech therapy
- ? Occupational and/or physical therapy
- ? Dental services
- ? Audio logy
- ? Optometry
- ? Podiatry
- ? Home medical care services
- ? Transportation

To receive services, an individual must be eligible for Medicaid, require nursing facility level of care, and also meet other program related requirements. PACE program staff determine eligibility for this program and may be contacted on Oahu at (808) 832-6131 or Fax: (808) 832-3402.

Foster Grandparent Program

This part-time volunteer program enrolls eligible low-income senior statewide to assist children with special needs.

To be a foster grandparent, an individual must be at least 60 years old, physically able to work 20 hours per week, and also meet income and other program requirement.

To receive the services of a foster grandparent, a child must be 21 years old or younger (Persons with developmental disabilities who meet specific criteria may continue to receive services beyond their 21st birthday), have special or exceptional needs, and meet other program requirements.

To become a foster grandparent, apply for services, or for more information about this program, call the Foster Grandparent Program office on Oahu at (808) 453-6357.

Senior Companion Program

This part-time volunteer program enrolls eligible low-income seniors statewide to provide in-home companionship and limited personal care to frail elders, and respite caregivers.

To be a Senior Companion, an individual must be at least 60 years of age or older, physically able to work 20 hours per week, and also meet income and other program requirements.

To receive Senior Companion Services, an individual or family must meet program related requirements.

To become a companion, apply for services, or for more information about this program, call the Senior Companion Program office on Oahu at (808) 586-5192.

Respite Companion Service Program

This part-time employment and training program enrolls eligible low-income seniors to serve frail homebound elders on Oahu. Services include limited in-home personal care, other support services and respite to caregivers.

To be a Respite Companion, an individual must be at least 55 years of age, physically able to work 19 hours per week, and also meet income and other program requirements.

To receive Respite Companion services, an individual or family must meet program related requirements.

To become a companion, apply for services, or for more information about this program, call the Respite Companion Program office on Oahu at (808) 586-5192.

Transportation Assistance for Resident Aliens and Naturalized Citizens

This program provides help to residents of the state who are 60 years of age or older, and an alien or naturalized citizen, to return to their homelands outside of the United States.

To receive this service, an individual must be eligible for financial assistance from the Department or Supplemental Security Income (SSI), and also must meet other program related requirements.

Courtesy Services

This program provides direct services at the request of an individual or other social service agencies when there are no other resources available to assist. Services are limited to:

- ? Answering out-of-state and other inquiries about persons known to the Department
- ? Social assessments at the request of out-of-state agencies
- ? Determining appropriateness for domiciliary care placement
- ? Repatriation for U.S. citizens and dependents

To receive these services, an individual must meet specific financial and program related requirements.

Adult Day Care Licensing

The Department establishes the licensing standards and grants licenses to operate adult day care centers for disabled adults in the state.

Home and Community-Based Case Management Agency Licensing

The Department establishes the licensing standards and grants licenses to operate Home and Community-Based Case Management Agencies in the state. These licensed agencies are able to certify Community Care Foster Family Homes, and to locate, coordinate and monitor comprehensive services to meet the needs of individuals the agencies place in Community Care Foster Family Homes or Expanded Adult Residential Care Homes.

For more information and to apply for services, unless indicated otherwise, call the Department of Human Services, Adult and Community Care Services Branch (ACCSB) on your island, Monday through Friday, between 7:45 A.M. and 4:30 P.M.

ACCSB Offices: (Area Code 808)

Oahu: 832-5115

Kauai: 241-3337

Maui: 243-5151 (Also covers Lanai and Molokai)

East Hawaii: 933-8820

West Hawaii: 327-6280